

PARADE VOLUNTEERS, THANK YOU!

AS OF MAY 12th: VOLUNTEER COUNT IS 260 OF 260

(So no more volunteers are needed)

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We need 260 volunteers to join us as we carry signs that individually represent Fallen Georgia Soldiers down the 1.1 mile [Dacula Memorial Day Parade](#) route. The signs that volunteers will be carrying are the same signs that line the race course of the Fallen Heroes of Georgia road race. These soldiers gave their lives in Iraq and Afghanistan, and now we have the chance represent them in an event that honors and remembers their life lived and lost.

The signs of our Fallen will be given out on a first come and first serve basis to those who had RVSP'd to the address listed below. Our involvement in this parade represents the true meaning of this often misunderstood holiday, so please don't miss volunteering your time for this very meaningful cause. I could go on and on about how powerful this experience is for all who attend, so come out with your family and friends and make some great memories.

RSVP: Just email fallenheroesofgeorgia@gmail.com with your number of volunteers and you're in!

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Thank you and we'll see you all soon,

Steve Durling

President

Fallen Heroes of Georgia, Inc.

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EVENT DETAILS:

- o Location: In Dacula Georgia which is east of Lawrenceville.

- o Date: Memorial Day- Monday, May 29th, 2017

- o Time: Arrive at the staging by no later than 9:00am, signs given out at 9:30am, parade starts at 10:00am, and finished by 11:15am or so.

- o Parking: Parade volunteers will direct drivers to the overflow parking area of Hebron Baptist

Church.

- o Staging: All parade participants will stage in the [Hebron Baptist Church](#) parking lot.

- o Meeting Spot: Located at the front covered entrance leading into Hebron Baptist Church 'worship center'.

- o Recommended Attire: Weather appropriate, dress like you are representing the Fallen.

- o Age & Ability: The weather will be warm & humid, and the parade route is one mile long. So to avoid meltdowns no kids less than 12 years old, and no one of questionable health should participate.

- o Course Route: Begins at Hebron Baptist Church, goes toward downtown Dacula, and finishes near Dacula High School. ***There is a ¾ of a mile walk back to the church for parade participants following the parade.***

Parade Website: [CLICK HERE](#)

Fallen Heroes of Georgia Website: [CLICK HERE](#)

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Fallen Heroes of Georgia 5K

Saturday, March 18, 2017 at 8:00am

Join us at Lanier Islands in Buford as we honor and remember Georgia's Fallen Soldiers who have been lost while fighting in the wars in Iraq and Afghanistan. As always all race proceeds benefit charities created in memory of a Fallen Georgia Soldier.

[Click Here for a List of Registered Participants](#)

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RACE RESULTS:

o Live Results Link: [CLICK HERE](#)

o After Race Results: [CLICK HERE](#)

RACE REGISTRATION AVAILABLE! ☐

☐

- Jan 11th - March 1st: \$30.00

- March 2nd - March 15th at 6:00pm: \$ 35.00

- Race Day: \$40.00

- Tee shirts for race day registrants will be available while supplies last.

- Starting Time: 8:00am

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IMPORTANT PRERACE INFORMATION:

1. Weather & Clothing

2. Directions

3. Arrival Time

4. Gate Fee
5. Carpool, Carpool, Carpool
6. Parking Areas
7. Prerace Bib & Tee Pick Up
8. Picking Up A Friend's Bib?
9. Race Day Bib / Tee Shirt Pick Up
10. Opening Ceremony
11. All Participants Must Register & Stroller Restrictions
12. Supporters & Family of Participants

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1. WEATHER & CLOTHING:

- The race will be held rain or shine!
- Wear needed weather related, AND *BRIGHT AND OR REFLECTIVE* clothing while participating.
- Keep your children close and on an adult's right hand side for safety.

2. DIRECTIONS:

- The race will be held at [Lanier Islands](#) , located at 7000 Lanier Islands Parkway (formerly Holiday Road), Buford, GA 30518.
- I-85N to Exit 113 I-985N, to Exit 8 Lanier Islands Pkwy/Friendship Road, TURN LEFT, and Lanier Islands is 4.5 miles straight ahead. Once in the Resort, please follow the signs and the volunteer's instructions.

3. ARRIVAL TIME:

- We recommend that all registrants arrive at the Resort a minimum of 1 - 1 ¼ hours before the start of the race. This is due to the delays that **WILL** occur when entering the Resort, paying the \$5.00 parking fee at the gate with possible volume related delays, parking, race bib and shirt pick up, walking back and forth to your vehicle to drop off race tee, brief opening ceremony, and lastly to be in place for a timely start of the race.

4. GATE FEE:

- **There is NO LONGER a gate pass for free gate entry**, starting this year each vehicle entering the Resort on race day will pay the \$5.00 gate fee. Unless the vehicle has an annual Lanier Islands gate pass. Lanier Islands annual gate pass can be purchased any time prior to the race at the Island's gate for \$75.00.

- This policy change was posted starting on the first day (Jan 1st) of the 2017 registration process.

- To best keep the lanes at the gates moving on race day, please bring exact change for the gate fee of \$5.00.

- Carpool & Save!

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5. CARPOOL, CARPOOL, CARPOOL:

- There may be as many as 600 vehicles entering the Resort just for this race. So please consider carpooling to reduce a potential back up at the gate.

Possible meeting places to then carpool:

- [Cross Point Church](#) : (formerly New Bethany Baptist Church): Located about ½ mile from the entrance to the Resort.
- [Publix Shopping Center](#) : Located at I-985 and Lanier Islands Parkway, about 4 miles away from the entrance to the Resort.

6. PARKING AREAS:

- Enter the resort, pass bridge over Lake Lanier, go left around the 'Clock Tower' roundabout, in .4 miles turn left on Camellia, and the parking areas will be down and on the right in the Grand Hall Pavilion Lot.
- Well placed signs will mark each turn.

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7. PRERACE PACKET PICK UP:

- **DAY 1:** Thursday, March 16th from 11:00am- 4:00pm at [Hamilton Mill Christian Church](#) , 3809 Sardis Church Rd, Buford, GA 30518
- **DAY 2:** Friday, March 17th from 11:00am-4:00pm at [Big Peach Running Co.](#) , 320 Towne Center Avenue, Suwanee 30024 Ph. 678.869.5012

- **DAY 3:** Morning of the Race at Lanier Islands

8. PICKING UP A RACE PACK FOR A FRIEND AT PRERACE PACKET PICK UP:

- Participants are welcome to pick up bibs for other registered participants.
- Just please ask them to text a photo of their driver's license.
- Please have the photo pulled up and ready to view when requesting the race bib and race tee.
- DO NOT forget the race bibs on the day of the race.

9. RACE DAY BIB/ TEE SHIRT PICK UP:

- Bib and tee shirt pick up times: 6:30AM – 7:50AM
- Bib & tee pick up is in Upper Beach Lot which is located up the hill and across the street from the parking area.

- Signs will also direct participants to the location of the bib and tee shirt tent.

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10. OPENING CEREMONY:

- Begins at 7:40am, so please arrive early to hear Pastor Bob Mahan's message from Hamilton Mill Christian Church. Then Pat Felt's perfect rendition of the National Anthem.
- If weather permits, we'll have something cool as Pat finishes our Anthem.
- Again, please arrive at the Resort early to allow for delays at the gate, parking, and race bib / tee pick up.

11. ALL PARTICIPANTS MUST REGISTER & STROLLER LIMITATIONS:

- All participants must register for the run, unless it is a child young enough to be pushed & remain in a stroller. **All kids who are walking or running must register!**
- All strollers must start in the rear of the 6th race corral, and then have only use a walking pace while on the race course. Any participant found to be running the course while pushing a stroller will be disqualified, and asked to stop participating in the race. This is for the safety of other participants, and for the safety of the child in the stroller. The roads are too narrow to weave around and run alongside other runners during the race.

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12. SUPPORTERS & FAMILY OF PARTICIPANTS:

- Please stay within the marked areas around the start & finish area during the race.
- Only registered runners will be allowed on the race course.
- Enjoy your evening and THANK YOU all for your cooperation!

3 WAYS TO REGISTER TODAY:□

1. On-Line at RunSignUp.com : Thru March 12th
2. In-Store Registration [Big Peach Running Co.](http://BigPeachRunningCo.com) in Suwanee Only: Thru March 8th
3. Mail-In Form: Postmarked by March 8th, ([LOCATED IN THE RIGHT MARGIN OF THE HOME PAGE](#))

FACEBOOK HELPS US GET THE WORD OUT:□

1. First go to our [Fallen Heroes of Georgia](#) site on Facebook, and

2. Then click on the 'Like' & 'Follow' tabs.

3. Then scroll down and click 'Upcoming Events', and then click on 'Share' to invite your friends and family on Facebook.

4. THANK YOU ALL FOR YOUR HELP AND CONTINUED SUPPORT!

SPONSORS NEEDED:

- Please contact us at fallenheroesofgeorgia@gmail.com

RACE SPONSORS:

PLATINUM SPONSORS

- | | | |
|--|--|---------------------------|
| Montlick & Associates | Ciner | Tencate |
| Equipment & Pallet Company | Lanier Therapy in Motion | Dixieland |
| Lanier Islands | | |
| Electronics | Hamilton Mill Christian Church | Women in |
| The Home Depot | | |
| North GA Roughnecks | SAPA | Assurant |
| | Burgess Manufacturing | |
| &nbsp; | | |

GOLD SPONSORS

[Company Shipmate](#) [KC Travel Team](#) [Leon Farmer &](#)
[GoodCents](#) [Milton Martin Toyota](#) [Carter & Clark](#)
[](#) [Cumulus](#)

RACE BENEFITS:

- Fallen Heroes of Georgia, Inc.- Is a nonprofit that raises funds to support charities created in memory of a Fallen Georgia Soldier, and NO members of Run for the Fallen are paid for their time or efforts.
- [Benefiting Charities](#) : Evan Marshall Memorial Scholarship Fund, Matthew Freeman Project, Noah Harris Fund, Ashley Henderson Huff Memorial Scholarship, Whitlock Foundation, EOD1 Joseph A. McSween Scholarship Fund, LT Helton Memorial Foundation, Sgt Paul Saylor Bremen Scholarship Fund & the Mike Stokely Fund

DONATE -OR- BECOME A FUNDRAISER: :

- Thank you for your Donation: [CLICK HERE](#)
- Become a Fundraiser: [CLICK HERE](#)

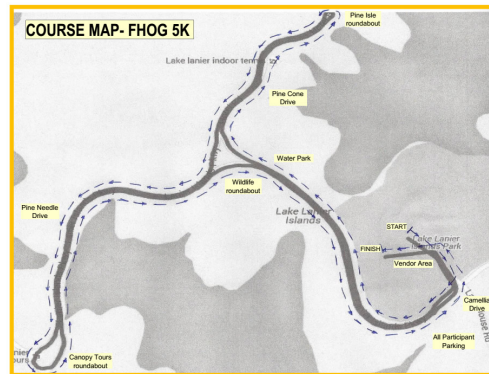
AWARDS:

- Cash Prizes for Overall Winners:
- 1st Place M/F- \$150, 2nd Place M/F \$75, 3rd Place M/F \$50
- Awards to Overall M/F, Masters 40+ M/F & Grand Masters 50+ M/F.
- Awards to the TOP 3 M/F in each age group category: 9 and under, 10-14, 15-19, 20-24,

25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+.

- Fallen Heroes of Georgia challenge coins to the Top 10% of race finishers.

RACE COURSE MAP:



- 5K RACE COURSE - [Download PDF](#)
- Course #: GA15008DJ

PRERACE PACKET PICK UP:

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- DAY 3: Morning of the Race at Lanier Islands

PICKING UP A RACE PACK FOR A FRIEND AT PRERACE PACKET PICK UP:

- Participants are welcome to pick up bibs for other registered participants.
- Just please ask them to text a photo of their driver's license.
- Please have the photo pulled up and ready to view when requesting the race bib and race tee.
- DO NOT forget the race bibs on the day of the race.

DAY OF RACE BIB & SHIRT PICK UP:

- First park in the Grand Hall Pavilion lot.
- Race bib and shirt pick-up will be located in the Upper Beach Parking Area. The parking area is near the intersection of Camellia Lane at Islands Parkway.

GATE PASS:

- NO GATE PASS THIS YEAR, SORRY.
- EACH VEHICLE WILL PAY \$5.00 TO ENTER THE RESORT ON RACE DAY.

VENDORS AT THE RACE:

- [Central Georgia Mounted Color Guard](#)
- [Shadow Warrior Foundation](#) [Army Survivors Outreach](#)
- [Hire Heroes USA](#) [Lanier Tech- CPR Class](#) [U.S. Marine Corps](#)
- [The Home Depot](#) [HMCC Prayer Tent](#) [Tencate](#) [U.S. Army](#)
- [Runners Fit](#) [Perfectly Posh](#) [Pat's Run](#)
- [D.J. Tommy Porter](#) [Damsel in Defense](#) [South Hall CrossFit](#)
- [Big Peach Running Co.](#) [Amerimed EMS](#)

RACE WILL BE HELD RAIN OR SHINE:

- Regardless of the weather, each race will be held on its scheduled date and time.
- Wear or bring needed weather related clothing if necessary.
- Wear BRIGHT AND OR REFLECTIVE clothing while participating.
- For safety purposes, keep your children close and on an adult's right hand side or the curb side of the roadway.

ALL PARTICIPANTS MUST REGISTER & STROLLER LIMITATIONS:

- All participants must register for the run, unless it is a child young enough to be pushed & remain in a stroller. All kids who are walking or running must register!
- All strollers must start in the rear of the 6th race corral, and then have only use a walking pace while on the race course. Any participant found to be running the course while pushing a stroller will be disqualified, and asked to stop participating in the race. This is for the safety of other participants, and for the safety of the child in the stroller. The roads are too narrow to weave around and run alongside other runners during the race.

DIRECTIONS:

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CARPOOL, CARPOOL, CARPOOL:

- There may be as many as 1,000 vehicles entering the Resort just for this race. So please consider carpooling to reduce a potential back up at the gate.

ARRIVAL TIME:

- We recommend that all registrants arrive at the Resort to 1 - 1 ¼ hours before the start of the race. This is due to the delays that can occur when entering the Resort, passing the gate with possible volume related delays, parking, race bib and shirt pick up, walking back and forth to your vehicle to drop off race tee, brief opening ceremony, and lastly to be in place for a timely start of the race.

PARKING AREAS:

- Enter the resort, go over the bridge, go left around the 'Clock Tower' roundabout, in 4/10 of a mile turn left on Camellia Lane, and then right into the Grand Hall Pavilion parking area.

- Well placed signs will direct drivers to the parking area.

DAY OF RACE BIB & SHIRT PICK UP:

- First park in the Grand Hall Pavilion lot.
- Race bib and shirt pick-up will be located in the Upper Beach parking area, which is located across Islands Parkway and uphill into the Upper Beach parking area.

OPENING CEREMONY:

- Begins at 7:40am, so please arrive early to hear Pastor Bob Mahan's message from [Hamilton Mill Christian Church](#).
- . Then Pat Felt's perfect rendition of the National Anthem.
- Again, please arrive at the Resort early to allow for delays at the gate, parking, and race bib / tee pick up.

RACE CORRALS: VERY IMPORTANT!

6 Starting Corrals will separate runners by expected finish times:

- Corral 1 - Finish Time of 17:00 - 21:00
- Corral 2 - Finish Time of 21:00 - 25:00
- Corral 3 - Finish Time of 25:00 - 30:00
- Corral 4 - Finish Time of 30:00 - 37:00
- Corral 5 - Finish Time of 37:00 - 45:00
- Corral 6 - Finish Time of 45:00 - 60:00

1. This will work strictly on the 'Honor System'.
2. Slower runners and walkers please keep to the right.

3. Avoid running in groups of 3-4 runners wide, these groups are often difficult for others to pass. This is especially important in the first mile of the race.

4. Be advised that your own race timing will start as you first cross the starting mats, and finish after crossing the finishing mats.

SUPPORTERS & FAMILY OF PARTICIPANTS:

- Please stay within the marked areas around the start & finish area during the race.
- Only registered runners will be allowed on the race course.
- Enjoy your evening and THANK YOU all for your cooperation!

FREQUENTLY ASKED QUESTIONS:

- Can family come with me in support? Yes, but please stay near the start/finish area.
- What is the course certification number? USATF- GA15008DJ
- Are dogs allowed? No, dogs leave droppings and dogs can bite.
- Are Strollers allowed? ONLY WALKERS WILL BE ALLOWED TO USE STROLLERS!
- Do I have to pay a gate fee? Yes, starting in 2017 each vehicle will pay a \$5.00 parking fee at the gate.
- Can I sell my number? No, because the disclaimer is in the registrant's name.
- Can I have a refund? No, sorry no refunds.
- Will there be daycare or kids related activities? No, please bring a caregiver.
- Please email fallenheroesofgeorgia@gmail.com if this information doesn't cover your question.

They fell, but o'er that glorious grave, floats free the banner of the cause they died to save. —
Francis Marion Crawford

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[**2016 Race Results**](#)

[**2016 Race Photos**](#)

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